WEEK 3

STEP 1 Choose from...

Main

Vegetarian

Combo

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	**Chicken Fillet Burger**	**Beef Lasagne**	**Roast Gammon**	**Beef Taco Boat**	**Cod in Batter**
	to go with	to go with	to go with	to go with	to go with
	Coleslaw, Homemade Potato Wedges	Homemade Garlic Bread, Mixed Salad	Gravy, Peas, Carrots, Roast Potatoes	Mixed Salad, Wholegrain Rice, Sweetcorn	Chips, Baked Beans, Peas
Vegetarian	**Homemade Vegetable Burger**	**Quorn Lasagne**	**Quorn Fillet**	**Quorn Chilli Tacos**	**Falafel & Spinach Burger**
	to go with	to go with	to go with	to go with	to go with
	Coleslaw Salad, Homemade Potato Wedges	Homemade Garlic Bread, Mixed Salad	Gravy, Peas, Carrots, Roast Potatoes	Mixed Salad, Wholegrain Rice, Sweetcorn	Chips, Baked Beans, Peas
Combo	**Jacket Potato**	**Jacket Potato**	**Jacket Potato**	**Jacket Potato**	**Jacket Potato**
	with choice of fillings	to go with	to go with	with choice of fillings	with choice of fillings
	Baked Beans, Grated Cheese, Tuna Mayo	Salmon & Tomato with choice of fillings Baked Beans, Grated Cheese	Carrots with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo	Baked Beans, Grated Cheese, Tuna Mayo	Baked Beans, Grated Cheese, Tuna Mayo
	Pasta	**Pasta**	**Pasta**	**Pasta**	**Pasta**
	with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings
	Homemade Tomato & Basil Sauce	Homemade Tomato & Basil Sauce	Homemade Tomato & Basil Sauce	Homemade Tomato & Basil Sauce	Homemade Tomato & Basil Sauce
	Cherry Pie	**Apple Flapjack**	**Apple Muffins**	**Lemon Drizzle Cake**	**Butterscotch Angel Delight**
	to go with Custard				
	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

STEP 2 ...and to finish!

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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