

FOOD GLORIOUS FOOD

Aspens



WHAT'S ON THE MENU?

We have a range of food and drinks available at different times of the day.

The dining facilities are open at mid morning break to fill the gap and at lunchtime, so make sure you pay us a visit at some point throughout the day.

Our Commitment to Food Allergens

We ensure our teams are kept up-to-date with the knowledge to cater for different requirements but encourage our customers to talk to us so we can work together to provide meals that are safe for them to eat.

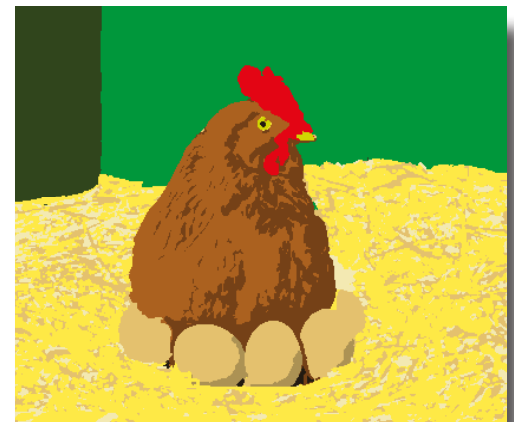
Great tasting healthy food

We are the new company chosen to provide your school meal service. We specialise in providing catering for schools and are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

We use British, Red Tractor Farm Assured meat, fish from sustainable sources, free range eggs and locally sourced fruit and vegetables.

The food children eat at school plays an important role in their wellbeing, and eating a well-balanced diet will not only maintain and improve their health, but also set them on the right track for later life. This leaflet gives an

overview of our catering service so you know what to expect when you come to visit.



Cold DELI

World KITCHEN

Hot DELI

THIS WEEK'S MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPAGHETTI BOLOGNESE GARLIC BREAD	PIRI PIRI CHICKEN THIGH TEX MEX RICE	ROAST PORK ROAST POTATOES APPLE SAUCE GRAVY	CHICKEN CURRY WHOLEGRAIN RICE	FISH FINGER WRAP TARTARE SAUCE & WEDGES
SHEPHERDESS PIE MINTED LEEK & POTATO TOPPING	FETA & BEETROOT BURGER	BASIL INFUSED PENNE PASTA CHESTNUT MUSHROOMS & ROASTED TOMATOES	TRIPLE LOADED MAC & CHEESE	VEGETARIAN FRANKFURTER WITH CARAMELISED ONIONS
STEAMED LEMON SPONGE LEMON DRIZZLE	SULTANA & OAT COOKIE FRUIT SLICES	FRUIT CRUMBLE CUSTARD	BANOFFEE CHEESECAKE	CHOCOLATE & BEETROOT BROWNIE

Option 1

WEEK ONE
16TH APRIL, 7TH MAY, 28TH MAY, 18TH JUNE, 9TH JULY 2018

Aspens

GRAB YOURSELF A **COLD DRINK**

HEALTHY **SANDWICHES & WRAPS**

ENJOY **FRESH FRUIT**

TUCK INTO A **DESSERT POT**

PIZZA

GET STUCK INTO **HOT PANINIS**

STREET FOOD MARKET

PASTA POT

FILLED **JACKET POTATOES**

WORLD KITCHEN

World Kitchen is our traditional hot food offer. Our exciting weekly menu is based on food from around the world and includes a range of hot and tasty puddings.

Free School Meals

You may be entitled to them. Visit www.gov.uk/apply-free-school-meals

World Kitchen Sample Menu

HOT DELI

Our range of hot deli items includes hot marinated chicken wraps, paninis, topped jackets, freshly prepared pizza slices and fresh pasta with a variety of homemade sauces.

Cold Deli

We have a great range of homemade savoury and sweet items. Choose from our freshly baked baguettes, rolls, wraps, sandwiches and salads. For afters ... a range of cold desserts, homemade cakes, biscuits and fruit pots will be waiting!

Sample the tastes of the States with our American dishes.

Aspens

www.aspens-services.com

We have a range of meal deals on offer every day. Whether you fancy something hot or you are in a hurry and want to grab and go – there will be a deal for you.

Promotions and DEALS

