

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU

MONDAY

**TOMATO
PASTA BAKE**
GARLIC BREAD

**VEGETARIAN
QUORN
SAUSAGE**
BUBBLE & SQUEAK
MASH
APPLE GRAVY
**PEAR & APPLE
CRUMBLE**
CUSTARD

TUESDAY

**VEGETARIAN
LANCASHIRE
HOTPOT**

**SPAGHETTI
BOLOGNESE**
GARLIC BREAD

**SULTANA &
OAT COOKIE**

WEDNESDAY

**SPICY
VEGETABLE
& BEAN
QUESADILLA**

**ROAST
TURKEY**
STUFFING
ROASTED ROOT
VEGETABLES
MASH & GRAVY

**TRADITIONAL
APPLE PIE**
CINNAMON
CUSTARD

THURSDAY

**SWEET
POTATO &
CHICKPEA
CURRY**
WHOLEGRAIN
RICE

**PIRI PIRI
CHICKEN
THIGH**
PORTUGUESE
RICE

**CARROT
MUFFIN**

FRIDAY

**MAC &
CHEESE OPEN
BURGER**
WINTER SLAW

**BIG FISH
SANDWICH**
CHUNKY CHIPS

**CHOCOLATE
SHORTBREAD**

Option 1

GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**

GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS

FILLED

**JACKET
POTATOES**

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK ONE

21st Jan, 11th Feb, 4th Mar, 25th Mar, 15th Apr

Aspens
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