

Year	Learning Skills including Preparation, Participation and Progression (PPP) and life skills	Sex and Relationship Education Drugs, Smoking & Alcohol	Physical Health	Mental Health including Mindfulness & Trips	Safeguarding including tolerance - Prevent/Anti Radicalisation	Anti-bullying & Internet Safety	Citizenship including British Values & Diversity	Careers	House Culture and Girls' Leadership
7	<p>Tutorials- Expectations, Procedures, Planners, Homework, Behaviour</p> <p>PPP Growth Mindset</p>	<p>Well beings</p> <p>1) Puberty 2) Relationships – 3) Body Image / Sex in the media</p> <p>Smoking Awareness</p> <p>Biology Reproduction and Menstruation</p>	<p>Core PE & Clubs Netball,Hockey,Dance, Gym, Athletics, Rounders,,Tennis Fitness</p> <p>Enrichment Award</p>	<p>Well beings Study Sessions</p> <p>Trips Exeter places of worship Pantomime Eden Project Paignton Zoo Big Bang Barton Hall PGL</p>	<p>RE What is religion? Islam and Christianity</p> <p>Radicalisation and Prevent training</p>	<p>PSHE- Assembly Friendship</p> <p>KS3 Leaders – Led bullying assemblies- Anti-Bullying Policy</p> <p>IT 3 week module Internet safety</p>	<p>PSHE Enrichment Award</p> <p>Citizenship Democracy, Law, Rights and Responsibilities, Community, Equality</p>	<p>Well beings Work and wages Gender stereotypes in the workplace Skills Audit</p>	<p>Y7 Music Concert House initiation Tour Guides Open Evening Help Sports Cups Sponsored walk Charity week House shout Parlauf Sports day Xmas entertainment & dinner Charity week Summer picnic</p>
8	<p>PPP All aspects of the Learning Process focusing on the Top Ten Tips</p>	<p>Well beings</p> <p>1) 'Normal Bodies' & Hygiene. 2) Body Image cont- Dove self-esteem project. 3) Relationships cont – 4) Myths, peer pressure and media).</p> <p>Drug & Alcohol Awareness- categorising etc</p> <p>Drama Sexuality, Peer Pressure, and Body Image. Danger of Drugs</p>	<p>Core PE & Clubs Netball Hockey Dance Gym Athletics Rounders Tennis Fitness</p>	<p>Drama Building confidence and self-esteem through vocal and physical skills.</p> <p>Girl Guides Day on resilience</p> <p>Trips Buckfast Abbey Exeter RAMM Peter Pan Bristol Science Theatre trip Rhineland</p>	<p>RE Sikhism The Holocaust Christianity and Religious tolerance through RE</p> <p>Radicalisation and Prevent training</p> <p>Media Studies- How media influences attitudes towards minorities.</p>	<p>Drama Bullying and tolerance of others</p> <p>KS3 Leaders – Led anti-bullying assemblies</p> <p>IT 3 week module Internet safety</p>	<p>Drama Working and understanding together; exploring cultural issues</p>	<p>Well beings Workplace skills Options using Fast Tomato Update skills Audit</p>	<p>Bake off competition House initiation Tour Guides Open Evening Help Sports Cups Sponsored walk Charity week House shout Parlauf Sports day Xmas entertainment & dinner Charity week Summer picnic</p>
9	<p>PPP Leadership Skills - The thinking brain, logic, reasoning and credibility. The sensory/emotional brain.</p> <p>Mini Extended Project (MEP)</p>	<p>Well beings</p> <p>1) STI's / Contraception / Pregnancy – signposting. 2) Body Image – continued 3) Emotional health. 4) Sexting and Picture Sharing, consent and the law. NSPCC Cup of Tea 5) Media Pressures & Porn. 6) Sexual Harassment & Coercive Behaviour (CSE contd).</p>	<p>Core PE & Clubs Netball,Hockey,Dance Gym,Athletics, Rounders,Tennis,Fitness</p> <p>Plus options; Trampolining Football Basketball Volley Ball Badminton</p> <p>Extra-Curricular D of E Bronze Award Challenge Day Haven Banks</p>	<p>PPP 10 week Mindfulness - .b Programme</p> <p>Extra-Curricular D of E Bronze Award</p> <p>Trips German Exchange Marine aquarium Romeo & Juliet Tech Bay French Exchange London residential Haven banks Big Bang</p>	<p>RE Buddhism, Big Questions, Exploring prejudice.</p> <p>TRS – Thinking & Reasoning Skills</p> <p>Radicalisation and Prevent training</p>	<p>KS3 Leaders – Led anti- bullying assemblies</p> <p>PCSO Positive use of social media</p> <p>IT Lessons 3 week module Internet safety</p>	<p>Citizenship Advocacy – speaking for others and representing those without a voice.</p>	<p>Well beings Missed opportunities Options choices</p> <p>Speed networking morning</p> <p>Skills Audit</p> <p>Questionnaire</p>	<p>KS3 Leaders KS3 head and deputy Headgirl team Top of the form House initiation Tour Guides Open Evening Help Sports Cups Sponsored walk Charity week House shout,Paarlauf Sports day Xmas entertainment & dinner Charity week Summer picnic</p>

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10	<p>Well beings Exam Preparation</p> <p>Well beings How to take effective notes – Cornell Method</p> <p>Well beings Tackling Challenge</p> <p>Microsoft Office specialism</p> <p>Challenge Day Growth Mindset</p>	<p>Well beings 1) LGBTQ+ 2) Contraception, Abortion –choices/ emergency hormonal contraception. 3) Sex and the Law/ Consent combined with sexual assault and rape. 4) Is my body normal? Reassurance about different bodies, 5) CSE cont'd- controlling behaviour, honour based violence, FGM, trafficking. 6) Drugs and legal highs including Spice- case studies/risk reducing strategies. PE PHSE Teenage Pregnancy .what it is like to have a baby as a teenager. Case studies. Binge Drinking- Science Module – Drugs and Alcohol</p>	<p>PE all from Y9 plus Active Lifestyle; Healthy eating; Joining Clubs; Relaxation through Yoga; First Aid; Self Defence.</p> <p>Challenge Day (June) Army resilience day (PBL)</p> <p>Well beings Sleep Hygiene</p>	<p>Well beings Study Sessions Health Day Aromatherapy & meditation PE Relaxation through Yoga and Aerobics/ Fitness /Body Image Challenge Day (June) Army resilience day (PBL) Well beings Confidence and Success Tutorial Trips German & French Ex Iceland London tate Good food show Auschwitz Talent 2030 Cambridge University Theatre Maths Enhancement</p>	<p>RE Ethics and Values including addressing extremism RE GCSE Judaism, Anti-Semitism, Tolerance MFL GCSE Understanding cultural differences Radicalisation and Prevent training</p>	<p>Homophobic bullying CEOPS/VSFE Dangers of Sexting Cyber-bullying and the Law</p>	<p>RE Ethics and Values through including Justice, Human Rights and Animal Rights</p>	<p>Well beings World of work Introduction to Unifrog Careers Conferences Lunchtime careers programme American and Dutch University talks Parent introduction to the future meeting Oxbridge programme inc visit</p>	<p>House initiation Tour Guides Open Evening Help Sports Cups Sponsored walk Charity week House shout Paarlauf Sports day Xmas entertainment & dinner Charity week Summer picnic Subject prefects</p>
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11	<p>Well beings Exam Preparation Day</p> <p>Well beings Study Plus</p> <p>Well beings Economic Well-being Opening a bank account, how to manage your money early on.</p>	<p>Well beings 1) The Secret Sex Club - casual sex, emotional impact of sex and decision making. 2) Impairment of decision making when drinking alcohol and drugs. 3) Picture sharing and sexting, sex and the law. 4) Q&A session.</p>	<p>PE all from Y9 plus Active Lifestyle; Healthy eating; Joining Clubs; Relaxation through Yoga; First Aid; Self Defence. Aerobics</p>	<p>Well beings Study Sessions Nurture Meetings Well beings 'Freed Up Fridays' Well beings Residential stay in Okehampton. Trips Bristol Uni trip Cribbs Causeway Grand Day out Theatre Spanish Water Sports</p>	<p>RE Ethics and Values including sanctity of life, euthanasia and abortion MFL GCSE Understanding cultural differences Radicalisation and Prevent training</p>	<p>Cyber-bullying and the Law</p>	<p>RE Sanctity of Life including discussion on Capital Punishment, Euthanasia and Abortion</p>	<p>Well Beings Review work experience placements Assemblies on career themes Nurture Group meetings Visit to Local University – choice Bristol / Exeter Use of Unifrog TGGs Careers Conferences Careers advisor interviews Open Evenings X2 Lunchtime Careers Talks – Dutch & American University Talks Introduction to the Future” Meeting Weekly careers newsletter Comprehensive Oxbridge programme and visit Subject taster sessions</p>	<p>Sir Lockselot House initiation Tour Guides Open Evening Help Sports Cups Charity week House shout Paarlauf Sports day Xmas entertainment & dinner Charity week Summer picnic Y11 Ball Hoodies</p>

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12	<p>Tutorial Programme Study skills; Enrichment and AQA Baccalaureate; Super-curricular, Star talk about studying abroad; Feedback and managing workload EPQ for 10 sessions (approx.) not including Challenge Day in October</p> <p>Learn 2 Live</p> <p>Challenge Day Extended Project Tuition</p>	<p>PSME Health Half Day – Focussing on Sexual Health to include: 1)Pregnancy &Abortion 2) Sex and the Law/ Consent combined with sexual assault and rape. 3) Online dating/ Tinder/ Dangers of using dating sites.</p>	<p>Bowling Afternoon/ Challenge Day (January) River Dart Bonding Activity</p> <p>Gym Membership</p> <p>Netball team</p>	<p>Settling In Meetings with staff & students</p> <p>Trips 12 &13 River Dart Activity Electron Microscope visit Iceland Ten Pin Bowling Dartmoor Fieldwork Dartmoor C.Thinking London residential CERN Trip UCAS Fair Cardiff University Bath University Learn to Live Bio Field work Earth Science Olympiad</p>	<p>Radicalisation and Prevent training</p>	<p>Tutorial Programme Responsible use of social networking.</p> <p>Young people and the law, consent, fake ID, drugs and alcohol, criminal accountability.</p>	<p>Tutorial Programme Enrichment – 100 hours</p> <p>Leadership Opportunities including HGT HOH HUB Buddy Scheme</p> <p>National Citizenship Service</p> <p>Debate Club</p>	<p>12 &13 UCAS Careers Fair – Exeter Westpoint UCAS Day TGGS Careers Conferences Lunchtime Careers Talks University Visits – Bristol & Cardiff Dutch & American University talks Talks & Visits Internship Programme Positive use of Social Media Session Weekly careers newsletter Medsoc Medicine work experience, assisted feeding, League of friends, wayfinding</p>	<p>Sir Lockselot The Board Award House initiation Subject prefects Hub prefects Library prefects Tour Guides Open Evening Help Sports Cups Sponsored walk Charity week House shout Sports day Christmas Fayre Xmas entertainment & dinner Charity week Summer picnic Swat ambassadors</p>
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13	<p>Tutorial Programme Exam Preparation. Student Finance Company for University</p> <p>Immersion Day Cookery, Car Maintenance, Finance with Barclays</p>	<p>Tutorial Programme 1) Work place discrimination and sexual harassment. 2) Relationships – What's healthy and what's not. Domestic violence/ Honour Based violence. 3)Porn 4) University: Sex and rape culture, Fresher's week including drugs and alcohol. Drugs, Alcohol and clubbing safety</p>	<p>Challenge Day (January) Self Defence</p> <p>Gym Membership</p> <p>Netball Team</p>	<p>Challenge Day (January) Relaxation through yoga</p>	<p>MFL - A Level Immigration, integration & racism French- France during Nazi Occupation German- How Hitler came to power, persecution of Jews, discussion of East/West German values.</p> <p>Radicalisation and Prevent training</p>		<p>Debate Club</p>	<p>12 & 13 Cockington Primary writing scheme Tutorials which will cover the following areas of need Higher Education Further Education Employability Apprenticeships Constructing and updating a CV Use of Social Media Labour Market</p>	<p>Head girl jacket handover House initiation Tour Guides Open Evening Help Sports Cups Charity week Xmas entertainment & dinner Charity week Hoodies Y13 Ball Dartington Evening</p>
Whole School		<p>LGBT Group (meets on a Tuesday and open to all years)</p> <p>Sexual Health Clinics promoted within school/signposting</p>	<p>Sponsored Walk Paarlauf Sports Day Clubs run by PE Swimming team Football Cub Trampoline Duke of Edinburgh Ten Tors (5 teams)</p>	<p>Mobile Phone policy – digital detox</p> <p>Ski Trip</p>	<p>Amnesty International group</p>		<p>Charity Fundraising for Imprezza School council and upper and lowerschool Headgirl teams The Great Debate Board Stakeholder survey</p>		